

2025 All State Cross-Country Division 5 Boys



First Team

Olly O'Connor-Viewpoint
Blake Bay-Fresno Christian
Ryan Fitzpatrick-Nueva
Mehari Winheim-Desert Christian
Jack Richter-Viewpoint
Conrad Chern-Crystal Springs Upland
Henry Hauser-Menlo



Second Team

Ben Friedland-SF University
Teal Greene-Pacifica Christian
Ishan Patnaik-SF University
Lucas Welty-Healdsburg
Declan Mansbridge-Flintridge Prep
Ethan Kraska-SF University
Josiah Schroeder-Desert Christian



Third Team

Jackson Poburko-Trinity
Amay Srinivasan-Menlo
Joshua Grunder-Ontario Christian
Landon Jones-Ontario Christian
Koen Ensz-Immanuel
Luca Persichette-International School of LA
Oliver Olbekson-Menlo



Team Scores

State Top Five 2025

1. SF University	70
2. Menlo	114
3. Viewpoint	135
4. Flintridge Prep	162
5. Ontario Christian	202

